

El Camino Packing List

In the interests of space and weight, please bear in mind that we are only going for 4 nights. Try to keep total gear in your backpack under 25 pounds.

* Pack a set of layers that can go on if it gets cold and come off when it gets warm.

Sleeping Gear

- *Tent (if you have one)
- *ground cloth/tarp
- *sleeping bag
- *compact sleeping cushion (air or foam)
- *warm hat

Basic Clothing

- * Walking Shoes with good ankle support
- *A plastic poncho if you want to cover your pack
- *warm layers (polypro, fleece, wool, wind-proof outer shell)
- *3 sets of: pants, shirts, socks, underwear
- *sunscreen/wide-brimmed hat
- *bathing suit
- *small towel

Basic Equipment

- *Proper backpack in which you can carry all your gear and food.
- *Reading material
- *water bottle
- *Eating utensils including fork/knife/spoon/plate/bowl/cup
(You'll be in charge of washing your own and keeping track of it all)
- *flashlight or headlamp